



- Everyone that is participating in the contest must weigh in weekly, either in Culeper or Warrenton. 2 consecutive weeks of not weighing in will result in disqualification.
- The challenge is 8 weeks long. The Last day of the challenge will be on March 10th.
- They will also see a provider every 2 weeks.
- First and last weigh-ins will be done in the second aesthetic room. This weigh in they must be fully undressed, in a gown. A BCA will need to be done during that first and final weigh in as well.
- Please do not give the pt the BCA, you can copy it and give it to the pt but I need to keep the original first and last BCA for calculations of the winners.
- I (Bri) will keep track of participants' attendance. If someone has missed 2 weeks or more I will update their pin note in their chart.
- The Winner is calculated by the Percentage of weight loss, we are not counting lbs.
- 2 first place prizes, Male winner will receive \$1000, Female winner will receive \$1000
- No additional method required! Weight loss injections are provided at additional cost if you wish to use them
- There will be enrolment fee of around 59 USD